



INTRODUCTION TO SLEEP MEDICINE 2015 *Roadshow*

CENTRAL

5 & 6 March 2015
Fakulti Perubatan & Sains Kesihatan,
UPM Serdang, Selangor

EAST COAST

9 & 10 June 2015
Hospital Sultanah Nur Zahirah,
Kuala Terengganu

NORTH

8 & 9 September 2015
Hospital Sultanah Bahiyah
Alor Setar, Kedah



Sleep Disorder Society Malaysia
Towards Healthier Sleep for All Malaysian



DAY 1	
Title	Speaker
Introduction to Sleep Medicine	Dr. Norhaya Mohd Razali <i>Consultant Respiratory Physician</i>
Sleepy Adults	Dr. Ashari Yunus <i>Consultant Respiratory Physician</i>
Sleep Disorders : Clinical Screening & Diagnostic Tools	Dr. Nur Hashima Abdul Rashid <i>Otorhinolaryngologist</i>
Sleep Related Breathing Disorder	Dr. Yap Yoke Yeow <i>Consultant Otorhinolaryngologist</i>
Circadian Rhythm Sleep Disorder	Dr. Ahmad Izuanuddin Ismail <i>Consultant Respiratory Physician</i>
<i>Hands-on Mini Workshops</i>	
1: Polysomnography (Full)	
2: Partial Sleep Study	
3: PAP and masks	
4: Oral appliances	
5: Basic sleep study interpretation	
DAY 2	
Sleep Disorders in Children	Dato' Dr. Ahmad Fadzil Abdullah <i>Consultant Paediatrician</i>
Role of Surgery in Sleep Disorders	Dr. Raymond Tan Suan-Kuo <i>Consultant Otorhinolaryngologist</i>
Insomnias	Dr. Muhammad Muhsin Ahmad Zahari <i>Consultant Psychiatrist</i>
Parasomnias	Dr. Siti Nor Aizah Ahmad <i>Consultant Psychiatrist</i>
Role of Dentists in Sleep Disorders	Dr. Sharifah Tahirah Syed Alwi Aljunid <i>Consultant Maxillo-facial Surgeon</i>

50 Participants per session only!!
RM100 Doctors
RM75 Paramedics



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CPD Points Awarded