



FIRST  
ANNOUNCEMENT

MALAYSIAN THORACIC SOCIETY  
*ANNUAL CONGRESS 2016*



28<sup>th</sup> - 31<sup>st</sup> July 2016  
Hotel Equatorial  
Bukit Jambul, Penang



## MALAYSIAN THORACIC SOCIETY OFFICE BEARERS 2015 - 2017

<b>PRESIDENT:</b>	Prof. Dr. Roslina Abdul Manap
<b>VICE-PRESIDENT:</b>	Assoc. Prof. Dr. Pang Yong Kek
<b>HON SECRETARY:</b>	Dr. Hooi Lai Ngoh
<b>HON TREASURER:</b>	Assoc. Prof. Dr. Jessie de Bruyne
<b>HON ASSISTANT SECRETARY:</b>	Dr. Asiah Kassim
<b>HON ASSISTANT TREASURER:</b>	Dr. Helmy Haja Mydin
<b>COMMITTEE MEMBERS:</b>	Dato' Dr. Abdul Razak Abdul Muttalif Dr. Lalitha Pereirasamy Dr. Nurhayati Mohd Marzuki Dr. Ahmad Izuanuddin Ismail
<b>COOPTED COMMITTEE MEMBER:</b>	Dr. Irfhan Ali Bin Hyder Ali

## MTS ANNUAL CONGRESS 2016 ORGANISING COMMITTEE

<b>CONGRESS ADVISOR:</b>	Prof. Dr. Roslina Abdul Manap
<b>ORGANISING CHAIRMAN:</b>	Dr. Irfhan Ali Hyder Ali
<b>SCIENTIFIC COMMITTEE:</b>	Dr. Helmy Haja Mydin (Chairman - Adult Programme) Dr. Rus Anida Awang (Chairman - Paediatric Programme) Dato' Dr. Abdul Razak Abdul Muttalif Dr. Lalitha Pereirasamy Dr. Ahmad Izuanuddin Ismail
<b>SECRETARY / BUSINESS MANAGER:</b>	Dr. Hooi Lai Ngoh
<b>TREASURER:</b>	Assoc. Prof. Dr. Jessie De Bruyne
<b>PUBLICITY AND PUBLICATIONS:</b>	Assoc. Prof. Dr. Pang Yong Kek
<b>SOCIAL EVENTS:</b>	Dr. Sundira Kumar A/L Namasemayam Dr. Lalitha Pereirasamy
<b>AUDIO-VISUAL FACILITIES:</b>	Dr. Goon Ai Khiang Dr. Nurhayati Mohd Marzuki
<b>LOCAL ORGANISING TEAM:</b>	Dr. Irfhan Ali Hyder Ali Dr. Lalitha Pereirasamy Dr. Goon Ai Khiang Dr. Ong Choo Khoo Dr. Rus Anida Awang Dr. Sundira Kumar A/L Namasemayam
<b>CONGRESS SECRETARIAT:</b>	Y. M. Kong and Secretariat of Academy of Medicine of Malaysia



## WELCOME ADDRESS

After a lapse of over ten years, I am pleased to invite all delegates back to Penang for the MTS Annual Congress 2016. This year is extra special since the MTS will be celebrating its 30<sup>th</sup> Anniversary.

Pulmonology is advancing rapidly; we are still facing diseases of old that have returned with a vengeance and at the same time we are encountering new emerging diseases. We have at our disposal various new modalities for diagnostics and treatment and are venturing and expanding into new areas while eagerly awaiting new developments.

With all this in mind, we have put together a programme encompassing various interesting topics. Starting with a workshop session on Pulmonary Rehabilitation and Cardiopulmonary Exercise Testing, we will proceed to having symposia in both Adult and Paediatric Pulmonology. Do come and learn as our expert speakers delve into subjects that are common (COPD, Tuberculosis, Asthma, Sleep Medicine) to the uncommon (Ethics in Pulmonary Medicine, Driving, Flying and Diving with Respiratory Disease). The Congress will end with a mesmerising debate. You will have an opportunity to be entertained during our Gala Dinner and a surprise tantalising feast with the king of fruits.

So see you in Penang, the Pearl of the Orient. We welcome all of you for a Congress where we hope you will gain not only knowledge and skills, but also build up networks for future collaboration, meet up with old colleagues and make new friends, gain new insights and formulate new ideas all for the betterment of our service to our patients. There is no better place to do all this than in Penang during MTS 2016.

**Dr. Irfhan Ali Hyder Ali**  
*Organising Chairman*

## PROGRAMME SUMMARY

Date Time	Thursday 28th July 2016	Friday 29th July 2016
0700 – 00800		Registration
0800 – 0810		WELCOME ADDRESS
0810 – 0850	<b>Pulmonary Rehabilitation Workshop for Doctor</b> 08.30 – 12.00 Equatorial Hotel	<b>PLENARY 1 (P1)</b>
0850 – 1020		<b>Symposium 1 (S1)</b>
1020 – 1050		Coffee Break
1050 – 1150		<b>Symposium 2 (S2)</b>
1150 – 1230		<b>Sponsored Symposium 2 (SS2)</b> (AstraZeneca)
1230 – 1415		Lunch and Friday Prayers
	<b>Cardiopulmonary Exercise Testing (CPET) Workshop</b> 1400 – 1700 Equatorial Hotel	
1415 – 1545		<b>Symposium 3 (S3)</b>
1545 – 1625		<b>Sponsored Symposium 3 (SS3)</b> (Cipla Malaysia)
1625 – 1815		Coffee Break & <b>Annual General Meeting</b>
1845 – 1925	Sponsored Symposium 1A (SS1A) (Boehringer Ingelheim)	Sponsored Symposium1B (SS1B) (Novartis)
2000 – 2130		<b>Sponsored Symposium 4 (SS4)</b> (GlaxoSmithKline Pharmaceutical)
		Dinner

=

## PROGRAMME SUMMARY

Date Time	Saturday 30th July 2016	Sunday 31st July 2016
0700 – 0800	The Year in Review: Tobacco Control	Sunrise Session
0800 – 0840	<b>PLENARY 2 (P2)</b>	<b>PLENARY 3 (P3)</b>
0840 – 1010	<b>SYMPOSIUM 4 (S4)</b>	<b>SYMPOSIUM 6 (S6)</b>
1010 – 1040	Coffee Break	Coffee Break
1040 – 1210	<b>SYMPOSIUM 5 (S5)</b>	Sponsored Symposium 8 (SS8)
1120 – 1220		Debate
1220 – 1230		CLOSING CEREMONY
1210 – 1250	Sponsored Symposium 5 (SS5) Novartis	
1230 – 1400		Lunch
1250 – 1400	Lunch	
1400 – 1500	Concurrent Grand Round	
1500 – 1600	Concurrent Oral and Poster Presentation	
1600 – 1640	Sponsored Symposium 6 (SS6) (Boehringer Ingelheim)	
1640 – 1710	Coffee Break	
1900 – 1940	Sponsored Symposium 7 (SS7)	
2000 – 2200	<b>MTS Gala Dinner</b>	

# DAILY PROGRAMME

## THURSDAY, 28<sup>TH</sup> JULY 2016

### **8.30 – 12.00 Pulmonary Rehabilitation Workshop for Doctors Equatorial Hotel, Penang**

- 08.30 – 09.00 Understanding COPD and Chronic Lung Disease
- 09.00 – 09.30 Comprehensive Patient Assessment
- 09.30 – 11.00 Exercises Do Need Prescription
- 11.00 – 11.30 Pulmonary Rehabilitation During Acute Illness
- 11.30 – 12.00 Trouble-shooting During Rehabilitation

### **1400 – 1700 Cardiopulmonary Exercise Testing (CPET) Workshop Equatorial Hotel, Penang**

**AIM:** To provide comprehensive understanding on CPET and improving its use in clinical practice

***Target audience:***

1. Pulmonologists
2. Pulmonology & Cardiology Fellowship Trainee
3. General Physicians

- 1400 – 1445 Cardiac and respiratory responses to exercise in health and respiratory diseases
- 1445 – 1515 Conducting a CPET. Applications of clinical exercise testing
- 1515 – 1530 Tea break
- 1530 – 1600 Interpreting the results of CPET
- 1600 – 1700 Sample cases basic patterns of exercise limitations

1845 – 1925 Sponsored Symposium 1A (SS1A)  
Boehringer Ingelheim

Sponsored Symposium 1B (SS1B)  
Novartis



# DAILY PROGRAMME

## FRIDAY, 29<sup>TH</sup> JULY 2016

0700 - 00800 Registration

0800 - 0810 Welcome address by:

- MTS Annual Congress 2016 Organising Chairman
- MTS President

0810 - 0850 **PLENARY 1 (P1)**

*Plenary Title:* mHealth: Policy and economic ramifications

0850 - 1020 **SYMPOSIUM 1 (S1)**

**S1A - Chronic Obstructive Pulmonary Disease (COPD)**

- Diagnosing COPD: Moving beyond spirometry
- The role of beta-blockers in COPD
- Heterogeneity in COPD: implications for management

**S1B - Respiratory Infections**

- The microbiology of bronchiectasis
- Prognostic markers in community-acquired pneumonia
- Non-tuberculous Mycobacterial infection

**S1C - Malaysian Consensus In Paediatric Respiratory Medicine**

- Home Respiratory care in Malaysia
- Approach to empyema thoracis
- Approach to children with snoring

1020 - 1050 Coffee break

1050 - 1150 **SYMPOSIUM 2 (S2)**

**S2A – Special Populations**

- Flying and lung disease
- Diving and lung disease
- Driving and lung disease

**S2B – Ethics**

- To intubate or not to intubate?
- Withdrawing therapy in end-stage respiratory disease
- Lung transplant: Opt-in vs opt-out

**S2C – Hot Topics in Paediatric Respiratory Medicine**

- Severe acute asthma in children
- NIV in acute respiratory failure
- Role of hypertonic saline in respiratory illness: A pinch of salt

1150-1230 **SPONSORED SYMPOSIUM 2 (SS2)**

*Company:* AstraZeneca

1230-1415 Lunch and Friday prayers

1415-1545 **SYMPOSIUM 3 (S3)**

**S3A – Critical Care Medicine**

- Weaning off mechanical ventilation
- Acute lung Injury - What works?
- The role of early pulmonary rehabilitation

**S3B – Lung Cancer**

- Confocal bronchoscopy – A new diagnostic tool?
- Beyond standard lobectomy - increasing resection rates in lung cancer patients
- Stereotatic ablative radiosurgery

**S3C Gastro-Oesophageal Reflux Disease In Children**

- The role of pH and impedance study
- When and how to treat GORD in children
- Controversies surrounding gastro-oesophageal reflux and the lung

1545-1625 **SPONSORED SYMPOSIUM 3 (SS3)**

*Company:* Cipla Malaysia

1625-1815 Coffee break and MTS Annual General Meeting

1845-1925 **SPONSORED SYMPOSIUM 4 (SS4)**

*Company:* GlaxoSmithKline Pharmaceutical

1925-2200 Dinner

# DAILY PROGRAMME

## SATURDAY, 30<sup>TH</sup> JULY 2016

0700-0800 Sundrise Session

0800-0840 **PLENARY 2 (P2)**

*Title:* Paediatrics to adult medicine: The importance of transitional care

0840-1010 **SYMPOSIUM 4 (S4)**

**S4A – Quality and Service Improvement**

- Using mHealth to empower respiratory patients
- The National Lung Cancer database
- Paving the way forward in clinical sponsored research

**S4B – Sleep-Disordered Breathing**

- Dentistry and OSAS - What's the link?
- OSAS & OHS - Does bariatric surgery play a role?
- Central sleep apnoea

**S4C Bronchiolitis Obliterans In Children**

- Who are at risk for Bronchiolitis Obliterans?
- Assessment of children with suspected Bronchiolitis Obliterans
- Management of Bronchiolitis Obliterans

1010-1040 Coffee break

1040-1210 **SYMPOSIUM 5 (S5)**

**S5A – Pulmonary Vascular Disease**

- Screening for unprovoked PAH
- VTE - Hunting the cause
- The medical management of CTEPH

**S5B - Tuberculosis**

- The End TB strategy
- Advances in TB Diagnostics
- TB in the critical care setting

**S5C Respiratory Complications After Cardiac Surgery**

- Identifying patients at risk of developing complications post cardiac surgery
- Clinical presentations: when to suspect
- Respiratory assessment and management following cardiac surgery

1210-1250 **SPONSORED SYMPOSIUM 5 (SS5)**

*Company:* **Novartis**

1250-1400 Lunch

1400-1500 **CONCURRENT GRAND ROUNDS**

**A. Clinical**

**B. Radiology**

**C. Paediatric**

1500-1600 **CONCURRENT ORAL AND POSTER PRESENTATIONS**

1600-1640 **SPONSORED SYMPOSIUM 6 (SS6)**

*Company:* **Boehringer Ingelheim**

1640-1710 Coffee break

1900-1940 **SPONSORED SYMPOSIUM 7 (SS7)**

2000-2200 MTS GALA DINNER



# DAILY PROGRAMME

## SUNDAY, 31<sup>ST</sup> JULY 2016

0700-0800 Sunrise Session

0800-0840 **PLENARY 3 (P3)**

*Title:* 30 years of heart and lung transplants: Lessons for the future

0840-1010 **SYMPOSIUM 6 (S6)**

*S6: Asthma*

- Occupational asthma
- The role of macrolides in the management of asthma
- Late-onset asthma – Does it exist?

1010-1040 Coffee break

1040-1120 **SPONSORED SYMPOSIUM 8 (SS8)**

1120-1220 **DEBATE**

1220-1230 **Closing Ceremony**

1230-1400 Lunch

---

# CONGRESS INFORMATION

## SECRETARIAT

### MTS Annual Congress 2016

G-1 Medical Academies of Malaysia, 210 Jalan Tun Razak, 50400 Kuala Lumpur, Malaysia.

TEL (603) 4025 3700, 4025 4700, 4023 4700

FAX (603) 4023 6100

EMAIL [secretariat@mts.org.my](mailto:secretariat@mts.org.my)

WEBSITE [www.mts.org.my](http://www.mts.org.my)

## REGISTRATION FEES\*

Category	On or before 31 <sup>st</sup> May 2016	From 1 <sup>st</sup> June to 15 <sup>th</sup> July 2016	On Site
MTS Member (Ordinary/Affiliate)	RM530.00	RM636.00	RM848.00
Non-MTS Member	RM636.00	RM742.00	RM954.00
Single-Day Registration (Date.....) (Medical Student and Allied Health Professional)	RM 212.00		RM 318.00
Accompanying Person (Gala Dinner only)	RM 212.00	RM 212.00	Rm 212.00

## Workshops, 28th July 2016, Venue: Hotel Equatorial, Penang

Congress Workshops (28th July 2016) (Equatorial Hotel, Penang)	MTS Member	Non-MTS Member
1 Pulmonary Rehabilitation Workshop (0830 to 1200 hrs)	RM159.00	RM212.00
2 Cardiopulmonary Exercise Testing (CPET) Workshop (1400 to 1700 hrs)	RM159.00	RM212.00
<b><i>(Combined Workshop 1 &amp; Workshop 2)</i></b>	<b><i>RM212.00</i></b>	<b><i>RM318.00</i></b>

\*All registration fees are inclusive of 6% GST.

## PAYMENT

All Payment by cheques should be issued in favour of:

“**MALAYSIAN THORACIC SOCIETY**”

ACCOUNT NAME	:	Malaysian Thoracic Society
ACCOUNT NUMBER	:	873-1-04420229-5
NAME OF BANK	:	Standard Chartered Bank Berhad
ADDRESS OF BANK	:	Jalan Ipoh Branch, Kuala Lumpur
SWIFT CODE	:	SCBLMYKXXXX

*If Remittance is via telegraphic transfer, please attach proof of remittance with the completed registration Form.*

## CONGRESS VENUE

**Hotel Equatorial Penang**, 1, Jalan Bukit Jambul, Bayan Lepas, 11900 Penang, Malaysia

Tel: 604 6327000, Fax: 604 6327100,

Website: [penang.equatorial.com](http://penang.equatorial.com)

## HOTEL ACCOMMODATION RATES

Room Type	Single	Twin / Double
Deluxe	RM325.00++ (RM381.95nett)	RM380.00++ (RM446.08nett)
Premier	RM355.00++ (RM416.93nett)	RM410.00++ (RM481.06nett)
Premier Deluxe	RM385.00++ (RM451.91nett)	RM440.00++ (RM516.04nett)
Club Premier	RM440.00++ (RM516.04nett)	RM495.00++ (RM580.17nett)
Club Premier Deluxe	RM470.00++ (RM551.02nett)	RM525.00++ (RM612.15nett)

\* The rates are inclusive of buffet breakfast and broadband

***Below are the steps to perform the room booking.***

Step 1: <https://penang.equatorial.com/room-promotions/>

Step 2: Require to change the dates accordingly

Step 3: Promo Code (Password) is **HEPMTS**

Step 4: Click “Check Availability”

Step 5: Choose desire room category.

Go to “Change Criteria” on the top page, right side if you need to change the booking dates, add pax or require more rooms. Click “Apply Criteria” once you have done.

Step 6: Validate your Booking

Step 7: Select extras for your stay

Step 8: Book - Please confirm your booking details and fill up “Guest Information” and guarantee the booking by providing your credit card details.

Step 9: Thank you, you have done your booking.

## CANCELLATION AND REFUND POLICY

The Conference Secretariat must be notified in writing of all cancellations. Refunds will be made after the Conference. The refund policy is as follows:

Cancellation on or before 30th June 2016 : 50% refund

Cancellation after 30th June 2016 : No refund

## ABSTRACT SUBMISSION

Members are encouraged to submit abstracts for free papers / poster presentations online at [www.mts.org.my](http://www.mts.org.my).

Please log-on to our website for full details on how to submit abstracts.

The closing date for receipt of abstracts is **31st May 2016**.

## CPD POINTS WILL BE AWARDED

### DISCLAIMER

*Whilst every attempt will be made to ensure that all aspects of the Conference as mentioned in this publication will take place as scheduled, the Organising Committee reserves the right to make changes should the need arise.*



*Congress Secretariat*

MTS Annual Congress  
G-1 Medical Academies of Malaysia,  
210 Jalan Tun Razak, 50400 Kuala Lumpur, Malaysia.

TEL (603) 4025 3700, 4025 4700, 4023 4700

FAX (603) 4023 6100

EMAIL [secretariat@mts.org.my](mailto:secretariat@mts.org.my)

WEBSITE [www.mts.org.my](http://www.mts.org.my)