

www.aseansleepcongress.com



Supported By:



MINISTRY OF HEALTH MALAYSIA

In Partnership with:











National Heart Association of Malaysia

# ASEAN SLEEP CONGRESS SECRETARIAT:

ACUTANCE SDN BHD E-8-6 Megan Avenue 1 189 Jalan Tun Razak 50400 Kuala Lumpur MALAYSIA

Tel: +603 2333 8931 / 32 Fax: +603 2333 8899 Mobile: 6017 881 9748 Email: aseans leep@gmail.com Dear colleagues, friends and ASEAN Sleep Congress participants,

On behalf of the ASEAN Sleep Congress Organising Committee, it is my pleasure to invite you to the Inaugural ASEAN Sleep Congress of the Malaysian Society of Otorhinolaryngologists Head & Neck Surgeons, in partnership with the Malaysian Thoracic Society, Malaysian Psychiatric Association, Malaysian Society of Neurosciences, The National Heart Association of Malaysia and The Malaysian Healthy Aging Society, which will be held in Kuala Lumpur, Malaysia, from 28-30 June 2012. The congress will be held in conjunction with the 4th International Congress of Malaysian Society of Otorhinolaryngologists Head & Neck Surgeons.

The congress convenes at the Kuala Lumpur Convention Centre, with accommodation at the Traders Hotel, adjacent to the convention centre. Should you choose to arrange your own accommodation, you have a good number of hotels to choose from within the KLCC area.

As in all our other meetings, the congress in 2012 will provide a basis for sharing visions and lessons learnt. We will do all that we can to provide a congress with a congenial environment for learning, sharing ideas and to hear and understand the latest developments in Otorhinolaryngology, sleep research and sleep medicine.

We look forward to welcoming you to Kuala Lumpur and the Inaugural ASEAN Sleep Congress 2012. Selamat Datang.





Dr Jeevanan Jahendran Organising Chairman ASEAN Sleep Congress 2012





Dr Yap Yoke Yeow President MSO HNS

# Organizing Committee of the 4th Malaysian International ORL-HNS Congress & Inaugural Asean Sleep Congress

Chairman : Jeevanan Jahendran Secretary : Ramiza Ramza Ramli

Treasurer : Avatar Singh

Scientific Chairman : Primuharsa Putra Sabir Husin Athar

Sleep Programme Coordinators : Yap Yoke Yeow

Rosalind Simon Balwinder Singh Asiah Kassim (MTS) Lim Shen-Yang (MSN) Abdul Kadir Abu Bakar (MPS)

Ng Wai Kiat (MHA)

Nathan Vytialingam (MHAS)

Otology Coordinators : Mazita Ami

Philip Rajan

Rhinology Coordinators : Ramiza Ramza Ramli

Ida Sadja'ah Sachlin

Laryngology Head & Neck Coordinators : Irfan Mohamad

Vincent Tan

Abstract and free paper/programme book cordinator : Azida Zainal

Spouse programme and tours and travels: : Sushil Brito

Workshop Coordinators

Sleep Workshop : Balwinder Singh / Rosalind Simon

FESS Workshop : Prepageran Narayanan / Ramiza Ramza Ramli

Mohd Zukiflee Abu Bakar

#### MSOHNS Executive Committee 2011 - 2012

President : Yap Yoke Yeow

President Elect : Primuharsa Putra Sabir Husin Athar

Immediate Past President : Harvinder Singh

Hon Secretary : Ramiza Ramza Ramli

Hon Treasurer : Avatar Singh

EXCOs (in alphabetical order) : Arun Kumar

Goh Bee See Ida Sadja'ah Sachlin Irfan Mohamad Jeevanan Jahendran Prepageran Narayanan

Rosalind Simon Dr Vincent Tan

#### THE PLENARY SPEAKERS



NARESH M. PUNJABI
PROFESSOR OF MEDICINE
Division of Pulmonary and Critical Care Medicine
Johns Hopkins University



CHRISTIAN GUILLEMINAULT
PROFESSOR OF PSYCHIATRY AND BEHAVIORAL
SCIENCES
Stanford Sleep Medicine Center
Honorary professor, Department of Otolaryngology,
Medical Sciences
School of the Capital University, Beijing

RADIN UMAR RADIN SOHADI
PROFESSOR OF TRAFFIC SAFETY ENGINEERING
Vice Chancellor of Universiti Putra Malaysia
Former Director General of Ministry of Higher Education
Former Director General of Malaysian Institute of Road
Safety Research



NARICHA CHIRAKALWASAN PROFESSOR OF MEDICINE Burumgrad International Hospital, Bangkok



PETER J. CATALANO
CONSULTANT OTORHINOLARYNGOLOGIST
Vice President of Surgical Services,
Steward Health Care, St. Elizabeth's Medical Center
Brighton, MA



RAY WEISS

MANAGING PARTNER OF THE CEDAR LAKE
SURGERY CENTRE IN BILOXI, MS
MEDICAL DIRECTOR (GUIF COAST) THE SNORING CENTRE
He founded the Sinuplasty Center of Excellence, and he
is also a co-founder of the Sinus Forum and the
Foundation for Innovation, Education and Research in
Otorhinolaryngology (FIERO)

SIMON ROBINSON
CONSULTANT RHINOLOGIST AND SKULL BASE
SURGEON
Wakefield Specialist Medical Centre
Wellington, New Zealand



PATRICK J BRADLEY
HUNTERIAN PROFESSOR
2007/08 Royal College of Surgeons, England
Professor of Medical and Social Sciences, Middlesex University, London
Professor of Head and Neck Oncologic Surgery,
The University of Nottingham
Consultant Otorhinolaryngologist / Head and Neck Oncologic Surgeon
University Hospitals Nottingham, Queens Medical Centre
Campus, Nottingham, England



DAVID J. TERRIS
CHAIRMAN OF OTOLARYNGOLOGY
Department of Otolaryngology, Developmental
Therapeutics;
Multidisciplinary Head and Neck Cancer Team
Georgia Health Sciences University



**G. SPRINZL**VICE DIRECTOR
Clinic of Oto-Rhino-Laryngology
Medical University Innsbruck

# Speakers List

**Austria** 

Georg Sprinzl

Hong Kong

Cheung Lim Kwong

India

Achal Gulati Janakiram

Narayan Jayashankar

Indonesia

Retno Wardani

New Zealand

Simon Robinson

**Philippines** 

Benjamin Compamanis

Gil Vicente

C. Gretchen Navarro-Locsin

Singapore

David Lau Jason Hwang

Jeeve Kanagalingam

Leong Jern-Lin Lim Li Ling Ignatius Mark Siow Jin Keat

Shanker Pasupathy

Tay Hin Ngan Toh Song Tar Wang De Yun

Sweden

Pontus Stierna

Taiwan

Yeh Pe-Huei

Thailand

Naricha Chirakalwasan

Pongsakorn Tantilipikorn

Sangguansak

United Kingdom

Patrick Bradley

**United States** 

Christian Guilleminault

David Terris Glenn Roldan Naresh Punjabi Peter J Catalano

Ray Weiss

Vietnam

Luan Tran

Malaysia

Abd Majid Md Nasir

Abdullah Sani

Afiza Izura Mohd Sofi@Aziz Ahmad Izuanuddin Ismail

Anura Michelle Manuel

Arasa Raj Sinnathuray Ashaari Yunus

Asiah Kassim Asma Abdullah

Avatar Sinah

Baharudin Abdullah Balwinder Sinah

David Chew

Dinsuhaimi Sidek

Dipak Sharma Banarsi

Goh Bee See

Hafeza Ahmad Harvinder Singh

lda Sadja'ah Sachlin Iskandar Hailani

Jeevanan Jahendran

Khairul Azhar M Rajet

Jaspal Singh Sahota

Kulanthayan K C Mani

Kuljit Singh

Lam Kai Huat

Lee Boon Nang

Lokman Saim

Mazita Ami

Mohd Fadzillah

Mohd Khairi Md Daud Mohd Ridzo Mahmud

Mohd Solahuddin Kenali

Mohd Zukiflee Abu Bakar

Nancy Liew

Nick Chong Chung King

Nik Adilah Nik Othman

Nor Adina Ahmad Tajuddin

Norazmi Mohamad

Ong Cheng Ai

Pang Yong Keik

Pathma Letchumanan

Philip George

Philip Rajan

Prepageran Narayanan

Primuharsa Putra Sabir Husin Athar

Pua Kin Choo

Radin Umar Radin Sohadi

Rahmat Omar

Raja Ahmad Al' Konee R Lope Ahmad

Ramiza Ramza Ramlli

Razali Omar

Rekha Balachandran

Rosalind Simon

Rosdi Ramli

Rushdan Ismail

Selva Kumar Subramaniam Shailendra S. Sivalingam

Siti Nor Aisyah

Siti Sabzah Mohd Hashim

Syed Hassan Tan Chong Tin

Tang Ing Ping Tengku Izam Tengku Kamalden

Valuyeetham Kamaru Ambu

Wan Ishlah Leman Yap Yoke Yeow

Zainudin Md Zin Zuraida Zainun

# **SLEEP PROGRAM**

DAY ONE - 28 JUN 2012					
	Торіс				
Keynote	The Global Impact of Sleep Disorders				
Symposium 1	THE BASICS OF SLEEP				
	An Overview of Sleep Disorders				
The Anatomy & Physiology of Sleep					
When Sleep Goes Wrong - Social & Quality of Life Impact					
Plenary 1	Towards an Integrated Practice of Sleep Medicine				
Symposium 2	MEDICAL CONDITIONS AND SLEEP				
	Metabolic Syndromes and Sleep				
	Ischemic Heart Disease and Sleep				
	Arrhythmias and Sleep				
	Cardiac Failure and Sleep				
Symposium 3	PUBLIC HEALTH IMPACT OF SLEEP DISORDERS				
	Sleep and its Cognitive Impact				
	Sleeping on The Wheel - Road Safety And Sleep				
	Sleep Disorders - An Occupational Hazard				
	Case & Panel Discussion				

DAY TWO - 29 JUN 2012			
	Торіс		
Plenary 2	Understanding OSA Occurrence and Developments Today		
Symposium 4	EVALUATION & DIAGNOSIS OF SLEEP DISORDERS		
	A Discerning Approach to Sleep Disorders		
	Assessing Sleep-Breathing Disorders		
	Assessing Non-Breathing Sleep Disorders		
	Role of Sleep Tests and the Polysomogram		
Symposium 5	SLEEP-RELATED BREATHING DISORDERS		
	OSA/ UARS		
	Obesity Hypoventilation Syndrome		
	Sleep, Breathing and COPD: Cause & Effect		
	Case & Panel Discussion		
Plenary 3	Cancer and Sleep		
Symposium 6	NEUROLOGY & SLEEP		
	Neurodegenerative Disorders and Sleep		
	Restless Leg and Periodic Limb Movement Syndromes		
	Epilepsy and Sleep		
Symposium 7	SLEEP RHYTHM DISORDERS AND PSYCHOLOGICAL IMPACT OF SLEEP DISORDERS		
	Narcolepsy & Cataplexy		
	Insomnia & Parasomnias		
	Sleep and Depression		
	Case & Panel Discussion		

DAY THREE - 30 JUN 2012			
	Торіс		
Plenary 4	Innovative Devices and Approaches to OSA		
Symposium 8	SURGICAL MANAGEMENT OF OSA		
	Perioperative Issues in OSA		
	Multilevel Surgery for OSA		
	Distraction Osteogenesis in OSA		
Symposium 9	NON-SURGICAL MANAGEMENT OF OSA		
	Role of Oro-Mandibular Devices		
	CPAP Ventilation in OSA		
	Optimising Compliance and Efficacy of Cpap		
	Role of BIPAP in Sleep Disorders		
	Case & Panel Discussion		
Plenary 5			
Symposium 10	SLEEP DISORDERS IN SPECIFIC GROUPS		
	OSA in Children: Risk Factors and Management		
	OSA and Dento-Facial Structure in Asian Population		
	Sleep Disorders in the Elderly		

# **OTOLOGY PROGRAM**

DAY ONE - 28 JUN 2012				
	Торіс			
Symposium 1	MANAGEMENT OF OTITIS MEDIA			
	Management of Chronic Discharging Ears			
	Paediatric Myringoplasty			
	Tympanoplasty			
	Ossiculoplasty-Patient Selection & Technique			
Symposium 2	CHOLESTEATOMA			
	Paediatric Cholesteatoma - Canal Wall Up or Canal Wall Down?			
	How I Do It			
	Managing Complications			
	Recurrent Disease / Revision Surgery			
Symposium 3	FACIAL NERVE PALSY			
	Classification and Management of Bell's Palsy			
	Traumatic Facial Nerve Injury			
	Facial Nerve Palsy: Surgical Decompression			
	Static Reanimation			
	Reanimation in Facial Palsy			

DAY TWO - 29TH JUNE 2012		
Торіс		
INSTRUCTIONAL COURSE ON VERTIGO		
Overview		
Basic Anatomy and Physiology		
Understanding Nystagmus and Basic Eye Signs		
Peripheral Vestibular Disorders		
Central Vestibular Disorders		
Clinical Assessment of Vertigo		
Investigations for Vertigo		
Management of Vertigo-		
Particle Repositioning Procedure		
Pharmacotherapy		
Role of Surgery		
Vestibular Rehabilitation		
Clinical Assessment for Vertigo		
Home Therapy for Vertigo (Positional manouvres and Rehabilitation)		

DAY THREE - 30TH JUNE 2012					
	Topic				
Symposium 4	DEAFNESS AND HEARING IMPLANTS				
	Screening for Deafness				
	National Cochlear Implant Programme-Current Status				
	Cochlear Implant in Difficult Cases				
	Middle Ear Implants				
	Totally Implantable Implants / New Devices				
Symposium 5	m 5 LATERAL SKULL BASE SURGERY				
	Management of Glomus Jugulare Tumors				
	Enlarged Translabyrinthine Approach for Vestibular Schwannoma				
	Non Surgical Management of Vestibular Schwannomas				
	Managing Complications				
	Temporal Bone Tumours				
Symposium 6	OTITIS MEDIA WITH EFFUSION				
	Burden of Disease				
	Conservative vs Surgical Management				
	Special Consideration-Down's Syndrome / Cleft Palate				

# **RHINOLOGY PROGRAM**

DAY ONE - 28 JUN 2012			
Торіс			
ALLERGY - DO WE KNOW EVERYTHING ABOUT IT?			
What is Allergy?			
Allergy March and it's significant			
Optimal Medical management of Allergy			
Surgical role in Allergic Rhinitis?			
Allergy: Immunotheraphy replacing medical treatment?			
Allergic rhinitis association with Sleep apnoea			
Updates: Pediatric Allergic Rhinitis			
The Pearls of having an ENT Allergy centre in your practice			
Skin Prick Test: Do and Don't in ENT Clinic			
Blood testing in Allergic Rhinitis: It's relevance and Importance			
FORUM: Allergy Research			

DAY TWO - 29 JUN 2012			
Торіс			
RHINOSINUSITIS: HEAD ON! & SURGERY: HOW I DO IT?			
Etiology of Rhinosinusitis			
Maximal medical therapy in CRS and nasal polyps			
Dirty Polyps vs. Clean Polyps			
Management of Pediatric sinusitis			
EDCR			
Endoscopic Septoplasty			
Mini FESS for isolated maxillary sinus pathology			
Frontal sinusitis			
Management of inferior turbinates			
Fungal sinusitis			
What to do in ESS complications?			
Management of encephaloccoeles			
FORUM: Rhinosinusitis: Ideal approach			

DAY THREE - 30 JUN 2012			
Торіс			
ADVANCE TECHNIQUE IN RHINOLOGY – GEARING UP FOR THE FUTURE.			
Nasal surgery for OSA			
Endoscopic surgery of JNA tumors			
Management of sinonasal inverted papilloma			
Technical aspect of transnasal approach in Skull base surgery			
Panel Discussion: Beyond Endoscopic Surgery.			
Panel Discussion: What to prepare for Rhinology of the future?			

#### LARYNGOLOGY HEAD & NECK SURGERY PROGRAM

#### SYMPOSIUM 1: COMMON HEAD AND NECK CANCERS I

Parapharyngeal Space And Infratemporal Fossa Tumour Approach

Total Glossectomy - A Necessary Evil?

Current Concepts In Oropharyngeal Cancer Management

TORS for the Developing World - Does Cost Justify the Advantages

#### SYMPOSIUM 2: COMMON HEAD AND NECK CANCERS

Recurrent Salivary Tumour Management - Tips and Tricks

Functional Outcome - Surgery Vs Radiochemotherapy

HPV Updates: Epidemiology, Markers and Detection, Impact on Management

Management Of Tumours Of Vascular Origin

#### SYMPOSIUM 3: COMMON HEAD AND NECK CANCERS

Partial Laryngectomy - How I Do It

Role Of Laser Surgery Expanded

Organ Preservation Protocol In Laryngeal Cancer - Indications and Pitfalls

#### SYMPOSIUM 4: CANCER DIAGNOSIS: ADVANCES IN INVESTIGATIONAL MODALITIES

Autofluorescence and/or NBI In Head and Neck Cancer Screening

Ultrasound Techniques In Head And Neck Masses

PET-CT In Head And Neck Cancers - Indications and Pitfalls

Histopathological Diagnosis - IHC and Beyond

#### SYMPOSIUM 5: HOW I DO IT (PART 1)

Partial Laryngectomy

Laser Surgery In Head and Neck Lesion

MiVAT

Localizing the Problematic Parathyroid Gland

Parathyroidectomy

#### SYMPOSIUM 6: HOW I DO IT (PART 2)

Parathyroidectomy

Retrosternal Goitres - Tips and Tricks

Perioperative Management Of Thyrotoxicosis and Thyroid Storm

Too Close For Comfort - Management Of Orbital Contents

Essential Techniques In Microvascular Surgery - for the Aspiring Surgeons

#### SYMPOSIUM 7: FORUM - DIFFICULT CASES

#### SYMPOSIUM 8: LARYNGOLOGY - WHAT'S NEW (PART 1)

Laryngeal Lumps and Bumps - Surgical Technique I

Laryngeal Lumps and Bumps - Surgical Techniques li

**EMG Monitoring** 

Superior Laryngeal Nerve Palsy - Diagnosis and Management

#### SYMPOSIUM 9: MODERN ADVANCES

New Flaps In Head And Neck Reconstruction

Sentinel Lymph Node Biopsy - Current Status

EGFR - Targeted Therapy In Head and Neck Cancers

Cyberknife, Tomotherapy, IMRT, IGRT - Making Sense Of Modern Jargon

Pharyngooesophageal and Tracheal Reconstruction - What's New and E ective

Pain Control in Head and Neck Cancers

New Frontiers In Dysphagia Management

#### SYMPOSIUM 10: LARYNGOLOGY - WHAT'S NEW (PART 2)

Cricothyroid Approximation - How I Do It

Spasmodic Dysphonia - Medical Or Surgical

All About Voice (Neuro-laryngology)

Regenerative Medicine, Biomaterials, Stents In Airway Reconstruction

Laryngeal Reinnervation

PRE-CONGRESS SLEEP WORKSHOP (26th & 27th JULY 2012)

#### DAY ONE - 26 JUN 2012

What is Polysomnogram

The Role of Polysomnographic Technologist

**CPSGT & RPSGT Blueprints** 

Review of Sleep Equipment (Easmed)

Introduction to CPAP

Review and Hands-on Demos of PAP devices (Easmed)

Clinical Guidelines to Manual PAP Titrations

New Scoring Rules (Part 1)

New Scoring Rules (Part 11)

Computerized Scoring (Easmed / Sleep Asia)

#### DAY TWO - 27 JUN 2012

Polysomnographic Record Review

Report Interpretations: What do these numbers mean?

**Math Computations** 

**Evaluating ENT Surgical Treatments for OSA** 

Somnopharmacology

The International 10-12 Electrocode Placement System for Sleep

Head Measuring and Electrocode Placement Exercise

Life Study Observation (Courtesy of EasMed)

## POST CONGRESS FESS COURSE (1st & 2nd JULY 2012)

#### **DAY ONE - 1 JULY 2012**

Welcome Speech by Senior ENT Consultant

Opening Remarks by Post Congress: FESS course Chairman

Forewords from Guest of Honor – " Sinus Disease – Looking into the crystal ball"

#### **ALLERGY AND RHINOLOGY**

Anatomical terminology and surgical anatomy in paranasal sinuses

Clinical anatomy and pathology of the sinuses

Radiographic anatomy of the sinuses – what to look for?

Understanding inflammation in CRS and nasal polyps

#### **BASIC ENDOSCOPIC SINONASAL SURGERY**

Basic approach in ESS

Step by Step in Basic FESS

**Preparation in FESS** 

Avoiding bloody field in ESS

The role of Image guided surgery

How to do ESS safely with microdibrider

Management of complication of ESS

#### **ADVANCE ENDOSCOPIC SINONASAL SURGERY**

Approach in frontal sinus surgery

Managing the sphenoid approach: therapeutic and approach

Managing complex disease in paranasal sinuses in ESS

Orbital/Optic decompression and endoscopic removal of orbital tumors

Wound Healing and concept in post ESS care

Panel Discussions

Research Discussion - ASEAN Multi-Center Research

#### **DAY TWO - 2 JULY 2012**

#### LIVE SURGERY

Live Surgery

Management of CSF leak

Endoscopic management of epistaxis

DCR updates

**Invasive Fungal Rhinosinusitis** 

Case Report



# 4TH MALAYSIAN INTERNATIONAL ORL-HNS CONGRESS & INAUGURAL ASEAN SLEEP CONGRESS

KUALA LUMPUR CONVENTION CENTRE | 28-30 JUNE 2012



# **REGISTRATION FORM**

Title	□ Prof □ Dr □ Datuk □ Dato' □ Datin □ Mr □ Mrs □ Ms					
Full Name						
Name on Badge						
Institution						
Postal Address	-					
1						
Post Code		,				
Fax		E-mail				
Registration Fees	-	_				
Category	Before 29th Feb 2012	From 1st March 2012 to 31st May 2012	From 1st June & Onsite	Amount		
Specialist Member	☐ RM 750	☐ RM 850	☐ RM 1200			
Specialist Non Member	RM950	RM 1100	RM 1400			
Medical Officer Resident Allied Health Primary Care & General Practioners	RM 600	RM 750	RM 900			
Overseas Delegates	USD 450	☐ USD 500	☐ USD 600			
Overseas Resident	USD 250	USD 300	USD 450			
Pre Congress Sleep	Workshop		•			
SLEEP WORKSHOP			MSOHNS MEMBERS	OVERSEAS DELEGATES		
(Date : 26 <sup>th</sup> – 27 <sup>th</sup> Jui	ne 2012 / Venue : Impia	na Hotel, KLCC)	RM 500	USD 250		
Post Congress FESS	Workshop			_		
FESS WORKSHOP			MSOHNS MEMBERS	OVERSEAS DELEGATES		
(Date 1 <sup>st</sup> - 2 <sup>nd</sup> July 2012: /Venue : University Malaya Medical Centre)			RM 250	USD 150		
*For online regist	ration and submis	sion of abstracts please go	to www.aseansle	epcongress.com		
I shall be attending Gala Dinner YES / NO						
Accompanying person : 1						
	2					
Payment						
1. Credit Card Via Paypal						

Direct Transfer / Cheque

All payments are to be made in USD or RM and issued in favour of "INAUGURAL ASEAN SLEEP CONGRESS 2012" Payment can be made via cheque or telegraphic transfer to :

(Note: bank charges to be borne by participants)

Inaugural ASEAN Sleep Congress 2012 Branch : Bukit Bintang, Kuala Lumpur Account Name

Bank Malayan Banking Berhad Swift Code : MBBEMYKL

Account No 5140 8434 6075

#### Conference Secretariat:



# 4TH MALAYSIAN INTERNATIONAL ORL-HNS CONGRESS & INAUGURAL ASEAN SLEEP CONGRESS

KUALA LUMPUR CONVENTION CENTRE | 28-30 JUNE 2012



# **REGISTRATION FORM**

Title	☐ Prof ☐ Dr	□ Datuk □ Dato' □ Dat	in 🗆 Mr 🗆 M	rs 🗆 Ms	
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Post Congress FESS	Workshop				
FESS WORKSHOP			MSOHNS MEMBERS	OVERSEAS DELEGATES	
(Date 1 <sup>st</sup> - 2 <sup>nd</sup> July 2012: /Venue : University Malaya Medical Centre)			RM 250	USD 150	
*For online regist	ration and submis	sion of abstracts please go	to www.aseansle	epcongress.com	
I shall be attending Galo	Dinner YES / NO	. •			
Accompanying person	2				

#### Payment

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Account Name : Inaugural ASEAN Sleep Congress 2012 Branch : Bukit Bintang, Kuala Lumpur

Bank : Malayan Banking Berhad Swift Code : MBBEMYKL

Account No : 5140 8434 6075

#### Conference Secretariat:

# 4th Malaysian International ORL-HNS Congress & Inaugural Asean Sleep Congress 28-30 JUNE

Secretariat **ACUTANCE SDN BHD** 

E-8-6 Megan Avenue 1,189 Jalan Tun Razak,

50400 Kuala Lumpur, MALAYSIA

Tel.: +603 2333 8931 / 32 | Fax: +603 2333 8899

Website www.aseansleepcongress.com

aseansleep2012@gmail.com Email

Date of meeting 28-30 June 2012

Meeting Venue Kuala Lumpur Convention Centre

Official Conference Hotel: Traders Hotel, Kuala Lumpur

Important Dates

Early bird registration - 29th Feb 2012 Abstract submission - 31st March 2012

#### WHO SHOULD ATTEND!

ENT Surgeons ♦ Pulmonologists ♦ Cardiologists ♦ Psychiatrists ♦ Neurologists **Primary Care Practioners** 

Residents in the above Specialities Allied Health Professionals

ORGANISED BY:



SUPPORTED BY:

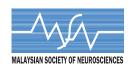


MINISTRY OF HEALTH MALAYSIA

#### IN PARTNERSHIP WITH:











**EVENT MANAGER:** 



#### ACUTANCE SDN BHD

E-8-6 Megan Avenue 1,189 Jalan Tun Razak, 50400 Kuala Lumpur, MALAYSIA Tel.: +603 2333 8931 / 32 | Fax: +603 2333 8899

#### **OPTIONAL TOURS**

## **Tour 1:** Full Day Deluxe Kuala Lumpur City & Countryside Tour + Lunch



#### Tour code: KUL01

Duration: 9am - 6pm

#### Tour visits:

Tien Hoe Temple, Royal King's Palace, National Museum, Aborigines Museum, National Monument, Independence Square, National Mosque, Batu Caves and shopping at Batik Center.

#### Tour includes:

- Lunch at Hotel.
- Entrance to National Museum.
- English speaking Tour Guide services.
- Transfers.

Price per person

Booking before 15-3-2012 MYR 160

Booking after 15-3-2012 **MYR 195** 

### **Tour 2:** Garden & Park Tour Explorer + Lunch

**Tour code: KUL02** 

Duration: 9am - 3pm

#### Tour visits:

KL Bird Park, Orchid Park, Hibiscus Garden and Butterfly Park.

#### Tour includes:

- Lunch at Bird Park Restaurant.
- Entrance to KL Bird Park, Orchid Park, Hibiscus Garden and Butterfly Park.
- English speaking Tour Guide services.
- Transfers.

Price per person

Booking before 15-3-2012 **MYR 199** 

Booking after 15-3-2012 **MYR 245** 



KL Bird Park

# **Tour 3:** Evening Tour + Buffet Dinner with Malaysian Cultural Show



#### **Tour code: KUL03**

Duration: 5pm - 10pm

#### Tour visits:

Chinatown, Central Market and Malaysian Cultural Show.

#### Tour includes:

- Buffet dinner with Malaysian Cultural Show at Saloma Theatre Restaurant or Sri Melayu Restaurant.
- English speaking Tour Guide services.
- Transfers.

Price per person

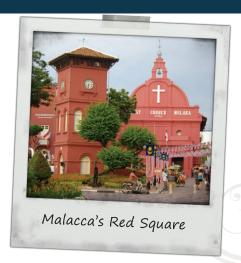
Booking before 15-3-2012 MYR 165

Booking after 15-3-2012 **MYR 198** 

<sup>\*\*\*</sup> Note: Reservation of any Pre or Post Conference tours throughout Malaysia, can be arranged with the appointed Tour Secretariat (Golden Blossom Tours And Travel Sdn Bhd) via Email at:-

#### OPTIONAL TOURS

## **Tour 4:** Malacca ~ The Early Days of the Malacca Sultanate "Crossroad of the World"



Tour code: MKZ04

Duration: 8.30 am - 6 pm

Malacca was founded by an exiled Prince from Sumatra named Parameswara. Merchants from China, India, Europe and Arab countries were all making port-of-call in this prosperous centre where silk, gold, tea, spice, opium, tobacco and countless of items changed

The fame of this prosperous centre attracted powerful invaders and in year 1511 the Portuguese invaded and took control of Malacca, followed by the Dutch in 1641. As from 1826 it was ruled by the British East India Company in Calcutta and it was under the Japanese rule during World War II before it came under the control of the local government. Today, this once battered town shows it remnants left behind by each rule during its glorious days.

# Price per person

Booking before 15-3-2012 **MYR 180** 

Booking after 15-3-2012 MYR 216

#### Tour visits:

Stadhuy's (Red Square), St Paul's Hill, Porta de Santiago, Taming Sari, Malacca river cruise, Jonker Street, Street of Harmony and Cheng Hoon Teng Temple.

#### Tour includes:

- Lunch at Baba Nyona Restaurant.
- Entrance to Taming Sari and Malacca River Cruise.
- English speaking Tour Guide services.
- Transfers.

## **Tour 5:** Colmar Tropicale "French Village" + Genting Highlands "The City Of Entertainment" + Lunch

#### **Tour code: CTGEN05**

Duration: 8.30 am - 8pm

Colmar Tropicale ~ A typical replica of the French resort in France, it is a cool place for relaxation.

Sitting on top of the main range at about 2,000 meters above sea-level, Genting an entertainment city where night never ends and with its theme parks, you will also be fascinated by the cool weather. Take a ride on the cable car or just try your lady luck at the casino, Genting is waiting for you.

Note: Wearing of slippers and sandals are NOT permitted into casino at Genting.

#### Tour visits:

Colmar Tropicale ~ French Village, Japanese Village, Botanical Garden and Genting Highlands.

#### Tour includes:

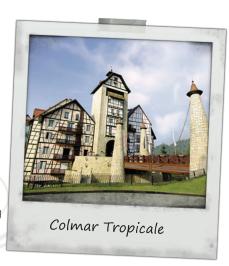
- Lunch at Awana Golf & Country Resort.
- Entrance to Colmar Tropicale ~ French Village.
- Return Cable car to mountain peak at Genting Highlands.
- English speaking Tour Guide services.

Transfers.



Booking before 15-3-2012

Booking after 15-3-2012 **MYR 220** MYR 265



#### **OPTIONAL TOURS**

## **Tour 6:** Golf Tour ~ Hole In One On Top Of The Mountain + Lunch



#### Tour code: GEN06

Duration: 6.30 am - 2 pm

#### Tour includes:

- 18 holes green fees at Awana Golf & Country Resort, Genting Highlands.
- Lunch at Awana Golf & Country Resort.
- Transfers.

#### Tour excludes:

- Caddy fees @ RM 45.
- Buggy fees @ RM 66.

	15-3-2012	15-3-2012
<b>Price per person</b> (Weekdays)	MYR 390	MYR 470
<b>Price per person</b> (Weekends)	MYR 450	MYR 540

Booking before

Booking after

### **Tour 7:** Kellie's Castle ~ Ipoh "Hometown of James Bond Girl" ~ Kampar "University Town" ~ West Lake + Lunch

#### Tour code: IPH07

Duration: 8.00 am - 8pm

Centrally located between Penang Island and Kuala Lumpur is Ipoh which is the capital city of Perak was once the black gold mine state in the country (tin-ore). Home of James Bond girl and home of natural resources, guava, pomeloes, rambutans.

Durian (the king of fruits), mangoes, ground nuts, rubber latex, palm oil, granite marble and etc..., they are all found here. Tour visit: Colonial Buildings such as the Railway Station, Old Post Office, Town Hall and Lane of Mistresses.

Our journey takes us through smaller towns and kampungs in which we will stop for photo shoots, have a local coffee or the local fruits. Visit the Kellie's Castle of William Kellie Smith from Scotland in which the bridge that leads to his castle is now a show case of his dreams.

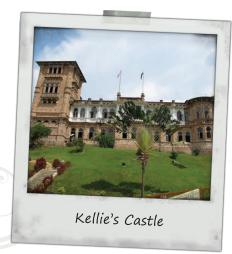
The state is also famous in its produce such as guavas, pomeloes, rambutans, durians (the king of fruits), mangoes, ground-nuts, rubber latex, palm oil, marble granite etc.

Kampar ~ The University Town. Tour visit: West Lake.

#### Tour includes:

- Lunch
- Entrance to Kellie's Castle.
- English speaking Tour Guide services.

Transfers.



Price per person

Booking before 15-3-2012 MYR 215 Booking after 15-3-2012 MYR 258

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MALAYSIAN SOCIETY OF OTORHINOLARYNGOLOGISTS
HEAD & NECK SURGEON (MSO-HNS)

# 4<sup>TH</sup> MALAYSIAN INTERNATIONAL ORL-HNS CONGRESS & INAUGURAL ASEAN SLEEP CONGRESS

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